

*"I need to be with  
people who understand"*



NAMI Support Groups are facilitated by NAMI trained family members who have completed the family to family education program.

For these groups, no registration is required and drop-ins are welcome. All NAMI support groups are listed in this newsletter in the center fold or on the website [www.namisantaclara.org](http://www.namisantaclara.org) where maps are available.

Please contact Barbara Saxon, 408 229-0428, if you have graduated from the Family to Family class and would be interested in helping or being trained to facilitate a support group.

Attending any NAMI Support Group will help support others who have not yet participated in NAMI and/or any of the education programs – your time and input would be most appreciated!