



Every Sunday, 3:00 PM to 4:30 PM

NAMI Santa Clara County Office
2010 N. 1st, Suite 530, San Jose
*Please arrive between 2:45pm and 3:10pm,
when doors will be unlocked.*

The peer facilitated Connections Recovery Support Group continues to be well attended. Peer experiences offer powerful options with mutual respect and appreciation.

All adults with mental illness are welcome!! This is a "drop-in" group and does not require pre-registration.

If you have completed the Peer to Peer NAMI education classes and interested in helping out or "giving back," please contact Barbara Saxon (408 229-0428) or attend one of the Connection Meetings and let your interest be known to the consumer facilitator. Supporting others is part of the recovery process for us all. Look Forward to Seeing You!