



The Santa Clara County Mental Health Board
in collaboration with the
VA Palo Alto Health Care System
and
NAMI Santa Clara County
presents

An Evening of Mental Health Education
in support of

Mental Illness Awareness Week

Purpose: A dialogue with the community and its leaders about serious mental illness
Educate the community and reduce stigma about mental illness
Discuss barriers to accessing mental health care
Connect to organizations in the community supportive to people with mental illness,
their families and friends

When: Wednesday, October 7, 2009

Where: VA Palo Alto Health Care System
3801 Miranda Ave., Building 100, Auditorium
Palo Alto, CA 94304

Time: 6:00-7:00 P.M.

Reception and Light Refreshments
Photo-Text Exhibit, “Nothing to Hide: Mental Illness in the Family”
Photographs and interviews together dispel harmful stereotypes, misconceptions, and myths about
mental illness.

Program begins at: 7:00 P.M.

Documentary viewing: **Minds On the Edge**
Followed by roundtable discussion
Community participation
Wrap up