

*"It is in the Shelter of Each Other that People Live."*



**NAMI** Walks



National Alliance on Mental Illness

Join 7 Bay Area Affiliates and thousands of NAMI walkers as we raise awareness and funds for our FREE mental health programs:

Family Education & Support • Peer Education & Support • Speakers Bureau • Anti-Stigma

## 5<sup>th</sup> Annual NAMIWalk San Francisco Bay Area

**WHEN: Saturday, May 30<sup>th</sup>, 2009**

**WHERE: Golden Gate Park–Speedway Meadow**

**CHECK-IN TIME: 9:00 A.M. START TIME: 11:00 A.M.**

**DISTANCE: 5 K (3 mi.) or 1.5 K**



For more information and to register, go to: [www.namiwalksfbay.org](http://www.namiwalksfbay.org)

For  NAMI Santa Clara County, contact:

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**Phone: 408-259-2256**

**or the NAMI Santa Clara County office**

**Phone: 408-453-0400**

***SAVE THE DATE!***