
Association of Mental Health Contract Agencies

of

Santa Clara County

Introduction

Mental Health Call Center formerly called CORE (1-800-704-0900) is the central entry point for county mental health services provided by service teams located in county facilities or provided by private non-profit corporations under contract to Santa Clara County.

The following list of private contractors gives you direct telephone numbers and a listing of their services and the populations they serve. Not all non-profit providers have service teams and may require individual intake.

AACI (Asian Americans for Community Involvement)

2400 Moorpark Avenue #300 San Jose, CA 95128

408-975-2730 Fax: 408-975-2745

www.aaci.org

AACI provides specialized services in clients' native languages and is sensitive to clients' cultural values. The agency serves the ten major Asian ethnic populations. Services include refugee programs, outpatient mental health, domestic violence, child abuse prevention and treatment, senior services, adults and adolescent substance abuse treatment, youth employment and gang intervention.

Mental Health Services:

- Adult/Older Adult
 - Mental Health Counseling
 - Medication
 - Domestic Violence Prevention & Treatment
 - Parent Training/Education
 - Drinking Driver Program
 - Women's Shelter
 - AIDS/HIV Counseling
 - Case Management
 - Children & Youth
 - School-Based Counseling
 - Child Abuse Counseling
 - Gang Prevention/Intervention
 - Juvenile Hall Counseling
 - Drug Treatment & Job Training
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ACHIEVE (Formerly called Peninsula Children's Center-Zonta)

3860 Middlefield Rd. Palo Alto, CA 94303-4716

650-494-1200 Fax: 650-494-1243

www.achievekids.org

Achieve provides special education and mental health service for students with complex needs and their families. Programs include intensive day treatment both in a self-contained campus and on public school sites; outpatient mental health services, therapeutic extended day and respite services; early intervention services at both home and school including a therapeutic pre-school program, and residential services.

Mental Health Services:

- Children & Youth
 - Day care-day care intensive
 - Outpatient services for children and adolescents
 - School-based mental health services
 - Family support and Counseling programs
 - Early Intervention programs
-

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ACHIEVE (Formerly called Zonta Services)
1212 McGuiness Av San Jose, CA 95127

408-928-5777 Fax: 408-928-1758

Offers a treatment program which is a comprehensive blend of academics and therapy to students with severe social, emotional, and behavioral problems, developmental delays or autism, a therapeutic pre-school program, outpatient and consultative services.

Mental Health Services:

- Children & Youth
 - Day Services - day care intensive
 - Early Intervention
 - Outpatient Services
 - Outreach to schools and home
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FAMILY AND CHILDREN SERVICES (Formerly Called Adult And Child Guidance)

950 W. Julian Street San Jose, CA 95126

408-292-9353 Fax: 408-287-3104

www.fcservices.org

Family & Children Services, previously Adult and Child Guidance center, provides high quality, affordable counseling, therapy and other support services in eight languages (including Spanish, Vietnamese, Cambodian and American Sign Language). Services include case management / brokerage services, money management, crisis intervention, individual, group, family therapy, assessments, evaluations, medication support services, and rehabilitation services.. Services are provided in a variety of settings, including home, clinic, and community agencies as necessary for seriously mentally ill adult clients whose level of functioning, symptoms, and psychiatric history necessitate service intervention. The goal of the program is to maintain clients in community settings within context of the individual's family, culture, language and community. The diagnostic spectrum includes schizophrenia, major depression, affective disorders, post-traumatic stress disorder, and the dual diagnosed mental health, developmental disability or drug and alcohol related diagnosis.

Specialized Services: The program also provides mental health service for Deaf & Hard of hearing mentally ill clients. Program services emphasize treating the mental health problems of abusive and multi-problem families to improve the mental health symptoms and dysfunction of deaf adults and their families. Treatment for the deaf and hearing impaired of any age are available in American Sign Language, with a TDD telephone for scheduling and information. Clinic hours are Monday-Thursday, 8:00 a.m. to 8:00 p.m. and Friday 8:00 a.m. to 5:00 p.m.

Mental Health Services:

- Adult and Children
 - Medication
 - Family Counseling
 - Individual, Group, Family Outpatient Services
 - Outpatient Medication Services
 - Parent Training Programs
 - Case Management
 - School-based services
 - Mental Health Prevention Services
 - Consultation
 - Vocational Support for the Deaf
 - Child Abuse Treatment

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Adolescent Independent Living
Skills Development
AIDS/HIV Counseling and Psychiatric
Medication Evaluation and Monitoring

MOMENTUM FOR MENTAL HEALTH (Formerly Alliance for Community Care)

Administration: 438 N. White Rd., San Jose, CA 95127 408-254-6820 Fax: 408-254-6838
2001 The Alameda, San Jose, CA 95126 408-261-7777 Fax: 408-248-6520
206 S California Ave., Palo Alto 94306 650-617-8340; Fax: 650-321-5468
www.momentumformentalhealth.org

Momentum For Mental Health provides a comprehensive range of community-based services and rehabilitation programs to youth, adults and older adults recovering from emotional and mental illness.

For information about our services call (408) 938-6789.

These community-based resources include:

Mental Health Services

- Adult and Older Adult
- Mental Health Assessment and Treatment
- Case Management
- 24-hour Crisis Intervention
- Day Rehabilitation Services
- Vocational Services
- Family Support and Education
- Housing a Assistance
- Partial Hospitalization
- Dual Diagnosis and recovery groups
- Specialized ethnic population services

ALUM ROCK COUNSELING CENTER

1245 East Santa Clara Street
San Jose, CA 95116-2339 408-294-0500 Fax: 408-294-2451
www.alumrockcc.org 24/7 Crisis Hotline: 408-294-0579
Alum Rock Counseling Center provides outpatient, intensive mental health treatment services to seriously emotionally disturbed children.

BASCOM MENTAL HEALTH CENTER

650 So. Bascom Avenue
San Jose, CA 95128 408-793-5870 Fax: 408-275-6716

Bascom Mental Health Center is a Family & Children Outpatient Mental Health Clinic. We provide assessments, emergency evaluations, individual and family therapy, medication evaluations and medication support services. Referrals are received from Juvenile Probation Department, Family Preservation Services, Acute Psychiatric Hospitals, Child Welfare Services, local physicians, community clinics, and schools. The clinic services Central, South, and West San Jose as well as Santa Clara, Campbell, Cupertino, and Los Gatos. Fees for services are based on an ability to pay. Medical insurances that cover mental health services as well as Medi-Cal are accepted. In addition, Bascom Mental Health Center provides out-stationed services at several school sites throughout Central and East San Jose and Sunnyvale and 2 community centers in East San Jose. Mental health staff work collaboratively with the school staff and other service providers. The language capacities of the mental health treatment staff are Spanish, Portuguese, Vietnamese, and Cambodian.

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CATHOLIC CHARITIES

2625 Zanker Rd; Suite 200 San Jose, CA 95134-2107

408-468-0100 Fax: 408-944-0275

www.ccsj.org

A multi-service organization offering a broad array of services in response to community needs. Catholic Charities' program categories include: mental health and substance abuse in a managed care division, elder care including: nutrition, foster grandparent, kinship care support, mental health support services have got Vietnamese and Chinese elders; housing; immigration legal services including family visas, political asylum, deportation defense, citizenship/naturalization; refugee sponsorship and resettlement; ESL, computer classes, vocational training and employment placement and retention services for newcomers.

Managed care services include mental health and substance abuse services in a dual diagnosis context. Mental health services include a multi-disciplinary services team for older adults, children's counseling based in 8 schools, residential foster care and clinic settings; family therapy for juvenile probation clients; vocational preparation and job placement for adults with serious mental illness. Substance abuse services include individual group outpatient treatment. A sliding fee counseling service is available for individuals and families with mental health and substance abuse issues.

Mental Health Services:

Older Adults

- Case management
- Outpatient: Individual, Group
- Medication Support
- Crisis Intervention

Adults

- Vocational Training & Job Placement
- Individual/Group/Couples outpatient
- Medication Support

Children & Youth

- Case Management
 - Individual, Group, Family Outpatient
 - Crisis Intervention
-

CENTRAL WELLNESS AND BENEFITS CENTER — UNINSURED CLINIC

2221 Enborg Lane San Jose, CA 95128

408-885-6220 Fax: 408-885-3977

Central Mental Health is an adult outpatient mental health clinic, which serves adults 18-60 and older adults age 60+, and is open Monday through Friday, 8:00 a.m. to 5:00 p.m. A full array of mental health services is provided which include: crisis intervention, case management, mental health supportive counseling, and medication management. These services are available in a variety of different languages that are culturally and linguistically relevant, such as Spanish, Korean, Farsi, Chinese, Bosnian, and Russian. Central Mental Health serves the areas of west and central San Jose, Cupertino, Santa Clara, and Alviso.

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CHAMBERLAIN'S MENTAL HEALTH SERVICES

8352 Church St. Suite C Gilroy, CA 95020
www.chamberlainsmhs.com

408-848-6511 Fax: 408-848-2099

A multi-faceted program serving children and their families. Chamberlain's Mental Health Services offers an array of culturally sensitive services including day treatment, outpatient/medication services, school-based support mental health services, family strengthening and community outreach services, and victim witness treatment for families. All services can be provided in the Spanish and English language.

Mental Health Services:

Children & Youth

- Day Services - Preschool
 - Day Treatment 7-12 years old
 - Family Therapy
 - Individual Therapy
 - Group Therapy
 - Parent Support Groups
 - Medication prescription & monitoring
 - Assessment & Evaluations
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CHILDREN'S HEALTH COUNCIL

650 Clark Way Palo Alto, CA 94304
www.chconline.org

650-326-5530 Fax: 650-688-0206

CHC is a diagnostic, treatment, and education center for infants, children and adolescents with emotional problems, learning disabilities and problems with neurological development. Screening services, education and consultation services, a parenting program and community outreach services to day care centers are also provided for prevention of the development of emotional and learning. Visit www.chconline.org

Mental Health Services:

- Comprehensive Diagnostic Assessment
 - Individual, Group and Family Psychotherapy/Counseling
 - Medication Evaluation and Monitoring
 - Specialty Programs Include:
 - Infant Preschool Services
 - Stress and Coping Clinic
 - Attention Deficit Disorder Clinic
 - Behavior Management Clinic
 - Career/Vocational
 - Child Rearing/Parenting Education & Counseling
 - Medication Services
-

CHILDREN'S SHELTER MENTAL HEALTH CLINIC

4525 Union Avenue San Jose, CA 95124

408-558-5460 Fax: 408-558-5571

The Children's Shelter Mental Health program is an on-site intensive outpatient clinic, whose mission is to provide multidisciplinary, culturally sensitive mental health assessment and treatment services to Children's Shelter and Emergency Satellite Foster home residents. A full range of trauma through crisis intervention, brief treatment, family therapy, psychotropic medication, behavior management, case management, and consultation.

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COMMUNITY SOLUTIONS (formerly called The Bridge Counseling Center, Inc.)

16264 Church Street #103; Morgan Hill, CA 95037-0546

P.O.Box 546 Morgan Hill, CA 95038

Main: 408-779-2113 phone: 408-776-6235 Fax: 408-778-9672

www.communitysolutions.org

Community Solutions provides a spectrum of behavioral health services including: direct treatment in mental health and drug & alcohol prevention, outreach, domestic violence services, residential and support programs. All services are also provided in Spanish. Other services include: After school programs, sexual assault, child abuse prevention programs, parenting services, supervised visitation, juvenile justice related programs, batterer intervention programs, DDP, ILP services for foster youth.

Mental Health Services:

Adult

24-Hr. services - Transitional and residential

Supported housing

Assessment

Medication

Case management

Adult and Older Adult Service Team

Children & Youth

Outreach services

Prevention services Assessment

Outpatient services

Medication

Case management

STARLIGHT COMMUNITY CENTER

1885 Lundy Avenue, Suite 223

San Jose CA 95131

408-284-9087 Fax: 408-284-9048

www.starsinc.com

Starlight Community Services provides programs for children, adolescents and transitional age youth (TAY) who face emotional, behavioral, and learning challenges and have difficulty succeeding in family or community living environments. A dedicated and experienced staff of psychiatrists, psychologists, social workers, mental health specialists, parent partners and other counselors provide case management, mental health care, and a range of support services in schools, homes or other community settings throughout Santa Clara County.

DOWNTOWN MENTAL HEALTH CENTER

1075 East Santa Clara St. San Jose, CA 95116

408-792-2100 Fax: 408-298-0192

The Downtown Mental Health Center has full-time Service Teams operating daily, Monday through Friday, 8 a.m. to 5 p.m. The Teams provide a full array of Mental Health services, case management services, crisis intervention, and medication support services. All Teams are comprised of case managers and a psychiatrist. The aim of each Team is to work with clients suffering from serious mental illnesses who exhibit severe problems in normal daily functions. The goal is to assist individuals within the context of a mutual partnership effort to achieve higher levels of functioning, to develop community and/or family support systems wherever possible, to promote self-reliance and self-sufficiency, and to encourage individuals to work or to return to work whenever possible.

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EMQ FAMILIESFIRST (merge w/ EMQ Children and Family Services)

251 Llewellyn Avenue Campbell, CA 95008-1940

408-379-3790 Fax: 408-364-4190

www.emqff.org

Provides a full continuum of mental health services for emotionally troubled children, adolescents, and families from varying cultures and socio-economic groups. Eastfield Ming Quong's treatment philosophy is based on a family systems approach, treating the entire family-not just the troubled child. The program strives to reunite and maintain natural family structure. Services include outpatient counseling, in-home treatment, residential treatment, school-based day treatment, crisis intervention, wrap-around services and chemical dependency programs.

Mental Health Services:

In Home Services

Outpatient Counseling

Wrap-Around Services

Residential Treatment

Day Treatment

Child and Adolescent Crisis Intervention

Chemical Dependency Education and Treatment

EASTFIELD MING QUONG (merged w/ Giaretto Institute)

232 E. Gish Rd. San Jose, CA 95112

408-379-3790 Fax: 408-437-9064

Giaretto Institute provides comprehensive outpatient services to sexually abused children and their families. Includes adult and adolescent incest offenders and adults molested as children including individual, family, and group therapy and guided self-help activities. Individual therapy only program available for adults molested as children. The institute also provides treatment for children in our therapeutic foster care program, for sex abuse victims at Wright Center, and for chronic delinquency through our FOCUS program. Clinical assessments for program entrance are free of charge. Sliding fee scale for services and limited no fee program for certain client populations.

EMQ CHILD/ADOLESCENT MOBILE CRISIS PROGRAM

251 Llewellyn Ave, Campbell CA 95008

408-379-9085-EMQ's 24/7 Fax: 408-364-4190

For after-hours/ weekend emergencies, contact Adolescent Mobile Crisis Program 1-877-412-7474 www.emq.org

The EMQ Child and Adolescent Mobile Crisis Program is a 24-hour mobile crisis intervention service for Santa Clara County children and adolescents **under age 18** in acute psychological crisis. It provides multilingual languages, community-based intervention, evaluation, and links children and families with other community agencies for long term care and assistance. The program, which was developed in collaboration with Santa Clara County Mental Health in 1993, serves over 500 children and their families every year. Our Crisis Team uses the strengths of the child and family in collaboration with community agencies, to build an ongoing safety and action plan. The goal of the program is to provide crisis mental health services and referrals that help keep families intact and works to prevent unnecessary hospitalization.

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EAST VALLEY MENTAL HEALTH CENTER

1991 McKee Rd. San Jose, CA 95116

408-926-7950 Fax: 408-926-7949

East Valley Mental Center provides services to East San Jose and Milpitas from the site of the East Valley Clinic at McKee and Jackson. There are three service teams, each providing a full range of outpatient services: medication, case management, crisis intervention, and planned mental health rehabilitation and treatment. Services are targeted to three specific ethnic groups: African-American, Filipino, and Latino, with bilingual staff in Tagalog, Ilocano, and Spanish.

The Department and Valley Medical Center provides both inpatient and outpatient levels of mental health services in the Santa Clara County Department of Correction at two (2) locations and at Juvenile Hall, Juvenile Ranches and the Children's Shelter.

ELMWOOD MENTAL HEALTH

701 South Abel St Milpitas, CA 95035

408-957-5360 Fax: 408-957-5413

The Department and Valley Medical Center provides both inpatient and outpatient levels of mental health services in the Santa Clara County Department of Correction at the Elmwood and Correctional Center for Women's Jails.

MAIN JAIL

150 W. Hedding Street San Jose, CA 95110

408-299-8737 Fax: 408-287-0989

The Department and Valley Medical Center provides both inpatient and outpatient levels of mental health services in the Santa Clara County Department of Correction at the Main Jail.

EHC-Lifebuilders (EMERGENCY HOUSING CONSORTIUM)

507 Valley Way Milpitas, CA 95035

408-539-2100 or 408-294-2100 Fax: 408-286-5102

www.homelessness.org

The EHC-Lifebuilders enables homeless families with children, teenagers, single men and women including seniors and disabled adults to regain stability in the local community. Its purpose is to empower homeless people to achieve their goal of obtaining adequate, affordable housing in a way that enhances their self-worth and maintains their dignity.

EHC provides emergency services and transitional and permanent housing, meals, health services, life and employment skills training, counseling, case management, and mental health support services.

Mental Health Services

Adult

24-hour Services - semi-supervised living in transitional housing (up to 2 years) and permanent supported housing.

Transitional Housing includes full lifeskills workshop program.

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FAIR OAKS MENTAL HEALTH CENTER

660 S. Fair Oaks Ave. Sunnyvale, CA 94086

408-992-4800 Fax: 408-992-4801

Fair Oaks Mental Health is unique in providing outpatient services to children, adolescents and their families, as well as to seriously mentally ill adults and young adults. The Family and Children's Division services offered at Fair Oaks may include: individual, group, collateral, family therapy and medication evaluation and support.

AB 3632 referrals from school districts are the primary responsibility of this team serving North Clara County.

Services at Fair Oaks also include one Adult Service Team for seriously mentally ill adults and provides a full array of mental health services: case management, crisis intervention, and medication support to assist consumers to achieve stability and as high a level of functioning as possible. Family and community supports are developed whenever possible.

Case management

Crisis intervention

Medication support to assist consumers to achieve stability and as high a level of functioning as possible.

Family and community supports are developed whenever possible.

The **Young Adult Transition Team**, also housed at Fair Oaks, is a specialty bridge team between the Family and Children's Division and the Adult Division. While considered an Adult Service Team for the seriously mentally ill, ages 17-24, this team strives to meet the unique needs of the young consumer. Phone: 408-272-6726 or Fax: 408-259-0865. Located at 1650 Las Plumas Ave, San Jose CA 95133

Culturally appropriate services are available as well as services in the Spanish language.

FAMILY ALLIANCE FOR COUNSELING TOOLS & RESOLUTION (FACTR)

1922 The Alameda, Suite 425, San Jose, CA 95126

408-993-8188 Fax: 408-294-5244

www.factr.org

FACTR focuses on the micro and macro mental health of its clients by providing one-to-one services and community programs that will help newcomer families gain the knowledge and skills to enable them to be effective in their new communities. We provide counseling, psycho-educational services and cultural awareness programs for newcomer families and their children that is respectful of ethnic values and diverse views, including State Laws pertaining to Child Protection, Domestic Violence, Educational, Immigration and other areas. Our services are offered in English, Spanish, Arabic, Turkish, Hmong, Korean, Hindi, Amharic, Russian, Chinese and more.

Clinical - We provide counseling for individual, group, or family. In essence our goal is to educate our patients to thrive in their new society.

Mediation - Our social workers provide immigrant and refugee families with vital mediation services, working toward the resolution of a number of family conflicts, such as, divorce and separation, cases of marital or relationship disputes in which children are adversely affected, and difficulties encountered within interracial relationships.

Paralegal - Our experts also provide legal expertise and resources in the field of immigrants and refugees' legal rights and responsibilities and visa angst and naturalization process.

Culturally appropriate services are available as well as services in the Spanish language.

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GARDNER FAMILY CARE CORP. - CENTRO DE BIENESTAR

160 E. Virginia Street, Suite 280 San Jose, CA 95112

408-287-6200 Fax: 408-998-1535

Gardner Family Care Corp. Health Center provides comprehensive primary care and outpatient mental health services to predominantly Latino children, families and adults and older adults. Includes mental health services (assessments, individual, group, and family therapy, and medication) , rehabilitation, and case management.

Intensive in-home mental treatment services to youth involved with the Juvenile Justice System; school-linked mental health services for high-risk youth; outpatient mental health services for Asian Pacific and high risk youth.

Mental Health Services:

Children, Adult, Older Adult

- Assessment & Evaluations
- Individual, group, family therapy
- Case management services
- Medication evaluation & monitoring

Older Adult

- Neuropsychological Evaluation
- Medical Evaluations
- Case management & treatment

Mental Health Prevention services

- Central American Immigrants
 - In-home based treatment services to high risk youth involved with the Juvenile Justice system
 - Gang Prevention Services
-

GRACE COMMUNITY CENTER

484 E. San Fernando St, San Jose CA 95112

408-293-0422; Fax: 408-277-2474

Day Rehabilitation Services: Adult Day Rehabilitation services are designed for individuals who are experiencing or have a history of decompensation without structured day activity and/or have skills deficit, which impair community functioning. Services include Assessment, Evaluation, Plan Development, Psychotherapy, Rehabilitation, and Collateral to meet individual needs. *The Day Rehabilitation program provides more than four (4) hours of structured programming on a daily basis. Hours of Operation: Monday through Saturday, (9:00 A.M. – 4:00 P.M. and varied evening hours throughout the week ranging from 5:00 P.M. to 9:30 P.M.).

Therapeutic Recreation Programs: Services provide a drop-in therapeutic recreation program for adults with mental disabilities. The Primary service Goal of the program is to enable its participants to develop social skills, self-esteem and independent living skills that will help to maintain their level of functioning in the community. Participants are encouraged to address trauma related issues and patterns of behaviors that perpetuate self-destructive activities, such as substance abuse, self-mutilation, eating disorders and involvement in abuse relationships.

Women survivors of Domestic Violence Program: Services include counseling, education and community services to the female victims of domestic violence and abuse in order to provide the support necessary to stop the cycle of abuse. Participants are encouraged to address trauma related issues and patterns of behaviors that perpetuate self-destructive activities, such as substance abuse, self-mutilation, eating disorders and involvement in abuse relationships. The Primary Service Goal is to enable its participants to develop the coping and safety skills necessary to live productive, safe and satisfying lives in the community.

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HOPE REHABILITATION SERVICES

30 Las Colinas Ln., San Jose, CA 95119

408/282-0402, 408/284-2850 Fax: 408/282-0400

www.hopeservices.org

HOPE Counseling Center provides psychiatric assessment, psychotherapy, case management and medication monitoring for persons with developmental disability, physical disability, or head injury who have a psychiatric diagnosis. Services are provided to developmentally disabled and affected family members of all ages and ethnicities. HOPE Counseling Center and its satellite offices are certified by Medi-Cal certified and funded by United Way.

Mental Health Services:

Adult Outpatient

Assessment

Individual, Group psychotherapy

Medication

Mental Health Case management

INDIAN HEALTH CENTER of Santa Clara Valley, Inc.

602 East Santa Clara St, Suite 200 San Jose, CA 95112

408-445-3400x 240 Fax: 408-350-2411

www.indianhealthcenterofsantaclaravalley.org

The Indian Health Center provides outpatient mental health and substance abuse treatment services. These services include individual, group, and family therapy, case management, psychiatric evaluations, psychosocial assessments and wellness education. A wide variety of individual and group activities are available for Native Americans and their families. These include a multiple family support group a women's group, self-help meetings, art therapy, acupuncture, and drug diversion.

INNVISION

Julian Street Inn Program

The Way Home 974 Willow Street St San Jose, CA 95125

408-292-4286 Fax: 408-271-0826

www.innvision.org

Inn Vision is San Jose's major shelter provider in Santa Clara County, operating thirteen programs, each targeting a unique homeless population. Its mission is to empower individuals to become self sufficient in order to attain a stable living environment. Julian Street Inn provides semi-supervised emergency shelter/housing for people with

serious mental illness (smi) homeless adults including meals, clothing, telephone/mail service, linkages to financial and medical benefits and referrals to mental health service teams. Inn Vision operates eleven other homeless programs for men, women and children.

Mental Health Services:

Adult

24-hr. semi-supervised living

Linkages to mental health services

Day rehabilitation services

Dual Diagnosis and recovery groups

Group therapy

Substance Abuse services

Older Adult services

Physically handicapped beds

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KURT AND BARBARA GRONOWSKI PSYCHOLOGY CLINIC

5150 El Camino Real, Suite 22, Building C Los Altos, CA 94022 650-961-9300 Fax: 650-961-9310

www.mentalhealthclinic.org

The Kurt and Barbara Gronowski Psychology Clinic at the Pacific Graduate School of Psychology (PGSP) is a community-based psychology training clinic and treatment center dedicated to providing high quality, evidence-based clinical services to adults, children, and families in our community mission.

Services are provided by graduate psychology students supervised by licensed mental health professionals.

The Clinic is committed to treating a culturally and economically diverse population and provides services for:

Adults	Families	Older Adults
Children	Adolescents	

We offer treatment for a range of psychological and emotional disorders, including:

Depression	Anxiety and Stress
Shyness and Social Anxiety	Trauma
Grief and Bereavement	Anger
Relationship Problems	Parenting Problems/Teenage Problems
Bipolar Disorder	Children with Emotional and Behavioral Problems

LAS PLUMAS MENTAL HEALTH

1650-K Las Plumas Ave, San Jose, CA 95133

408-272-6726 Fax: 408-259-0865

Las Plumas Mental Health provides services to children, adolescents, and their families in a variety of settings including the home, school, local community, and the clinic setting. Services include individual, group, collateral, and by licensed family therapist or licensed eligible clinicians. Psychological testing is available when indicated, as is evaluation for psychiatric medication. Services are provided in English or Spanish by bi-cultural and bilingual staff. Cost is based on a sliding scale ability to pay. Medi-Cal is also accepted. Las Plumas Mental Health is located in East San Jose and provides from Milpitas to South San Jose.

MEKONG COMMUNITY CENTER

2203 Tully Rd. San Jose, CA 95122

408-937-1533 Fax: 408-937-1548

Mekong Community Center provides linguistically and culturally sensitive mental health services to enable psychiatrically disabled Southeast Asian refugees/immigrants, particularly Vietnamese, to obtain needed skills to cope with the tasks of independent daily living and to function at their optimal level. Services include: outpatient mental health services.

Mental Health Services:

- Adult
 - Outpatient Mental Health Services
 - Individual/ Group and Family Outpatient Therapy
 - Family Education Programs
 - Crisis Intervention Services

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Assessment Services
Medication Monitoring
24-hour Emergency Services

MENTAL HEALTH CLINIC AT JUVENILE HALL

840 Guadalupe Pkwy, San Jose, CA 95110

408-299-3166 Fax: 408-971-2651

The Mental Health Clinic at Juvenile Hall is an on-site intensive outpatient clinic, which provides multi-disciplinary, culturally sensitive mental health services to youth incarcerated in Juvenile Hall. Services include assessment, crisis intervention, brief therapy, family intervention, and psychotropic medication. Behavior management and consultations are also provided.

Mental Health Services include:

- Assessment
- Crisis intervention
- Brief therapy
- Family intervention
- Psychotropic medication

MENTAL HEALTH ADVOCACY PROJECT (MHAP)

<http://lawfoundation.org/mhap.asp>

152 N 3rd St, (on the 3rd Floor) San Jose, CA 95112 408-294-9730; Intake: 408-280-2420; Fax: 408-350-1158
Toll Free: 800-248-6427

MHAP's mission is to empower people identified as having mental or developmental disabilities to live more independent, secure and satisfying lives through the enforcement of their legal rights and the advancement of their social and economic well-being. Any individual who lives in Santa Clara County and who self-identifies himself/herself as having a mental health or developmental disability is eligible for our services. We provide legal and advocacy services to over 4000 clients per year.

Mental Health Services:

- Legal Service in: Patients' rights
- Housing
- Government benefits

RIVIERA/OASIS CARE, INC., at the East Valley Pavilion

101 Jose Figueres St., San Jose CA 95116

408-347-3120 Fax: 408-347-3121

Oasis Care, Inc. provides individualized mental health care for seriously mentally ill adults in a residential setting. Services are designed to assist people to transition to a more independent living situation in the community and include: psychiatric assessment, psychotherapy, pharmacotherapy, medication monitoring, crisis intervention, individual and group counseling, Day Rehabilitation programming, life skills education and practice as a part of milieu therapy as well as linkage with community resources.

JOSEFA CHABOYA DE NARVAEZ MENTAL HEALTH CENTER

614 Tully Rd. San Jose, CA 95111

408-494-1561 Fax: 408-292-3640

Josefa Chaboya de Narvaez Mental Health Center is designated a culturally proficient site providing services to primarily the adult and older Latino and Vietnamese populations of Santa Clara County who have severe mental illnesses. The focus of the program is to provide the services within the cultural community of the consumer utilizing appropriate intervention methods.

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The staff, which includes clerks, licensed social workers, psychiatrists, rehabilitation counselors and community workers are bilingual and/or multi-lingual in Spanish, Vietnamese, Laotian, Thai, and Chinese. The staff works in treatment teams with the consumer to provide a multidisciplinary perspective in developing the course of treatment.

In addition to the Adult/Older Adult Teams, this site also houses treatment staff from the Family & Children's Division creating a multi-generational treatment facility. For all adult services, access to services is via the ACCESS Program, by phone or walk-in.

ODD FELLOW--REBEKAH CHILDREN'S SERVICES

290 IOOF Avenue, Gilroy, CA 95020

408-846-2100 Fax: 408-846-4847

Campbell Satellite Office

1600 W. Campbell Ave., Ste 201, Campbell, CA 95008

408-871-4900 Fax: 408- 871-4904

www.rcskids.org

Provides residential, educational and mental health services to seriously emotionally disturbed children who are victims of family violence, neglect, and sexual abuse, through residential treatment, foster care, wraparound foster care and community outreach, education, and counseling programs.

Health Services:

- Children & Youth
 - Day Treatment Intensive
- Intensive Residential Treatment
 - Individual
 - Group
- Family
- On-grounds education
- Emergency placement
- Specialized Foster Care
- Family Care
 - Community-based education/individual/group counseling
 - Parent/teacher/police training
 - Community forums

PARENTS HELPING PARENTS

1400 Parkmoor Ave, Suite #100

San Jose CA 95126

Toll Free: 1.866.747-4040

408-727-5775 Fax: 408-286-1116

www.php.com

PHP's mission is to help children with special needs receive the resources, love, hope, respect, health care, education, and other services they need to reach their full potential by providing them with strong families, dedicated professionals, and responsive systems to serve them.

SAN ANDREAS REGIONAL CENTER

Main Office:

300 Orchard City Drive, Suite 170 Campbell, CA 95008 Or

Mailing Address:

P.O. Box 50002, San Jose, CA 95150-0002

408-374-9960 Fax: 408-376-0586

Association of Mental Health Contract Agencies

San Andreas Regional Center (SARC) is a community based, private nonprofit organization funded by the State of California to serve people with developmental disabilities required by the Lanterman Developmental Disabilities Act. One of 21 regional centers in California, SARC provides assistance of all ages in Santa Clara, Santa Cruz, Monterey, and San Benito counties.

Our mission is to enable people with developmental disabilities to lead as independent and productive lives as possible, to protect the legal rights of people with developmental disabilities and their families, and reduce the incidence of developmental disabilities.

Available services include:

- Information and Referral
- Diagnosis and Evaluation
- Prevention
- Advocacy
- Community Education and Training
- Service Coordination
- Individual Program Planning
- Infant Services
- Respite
- Parent Education
- Skill Training
- Adaptive Equipment
- Residential Placement/Supported Living Options
- Diversion from the Criminal Justice System
- Court Ordered Evaluation

Admission/Discharge State Developmental Centers

Adult Programs:

Day Programs

Workshops

Integrated Work

Supported Employment

Seniors Centers

SENECA/KINSHIP CENTER

3031 Tisch Wy Suite 306

San Jose CA 95128

408- 554-2550

www.senecacenter.org

Seneca Center provides residential and rehabilitative day treatment mental health services to seriously emotionally disturbed children.

SOUTH COUNTY MENTAL HEALTH CENTER

7475 Camino Arroyo, Gilroy, CA 95020

408-852-2400 Fax: 408-852-2256

South County Mental Health Center provides mental health services to seriously mentally ill adults. These services include medication, case management (linkage to other services, placement, or coordination), social rehabilitation and counseling. Services are available in Spanish and can be provided in the office or in the community.

Association of Mental Health Contract Agencies

UJIRANI FAMILY RESOURCE CENTER

591 N. King Rd #3 San Jose, CA 95133

408-452-6560 Fax: 408-251-6843

Ujirani Youth Program offers various afrocentric services targeting African American families and youth at risk. We provide 24-hour home-based case management services, serving those involved in the juvenile justice systems and African American Survival Skills Groups for youth and families.

Ujirani Adult Program is a culturally proficient African American team providing home based case management and medication services targeting African American seriously mentally ill adults, Children & Youth Mental Health Services.

Adult Medication and case management

EASTERN EUROPEAN SERVICE AGENCY (EESA)

San Tomas Neighborhood Center

4093 Valerie Drive

Campbell CA 95008

www.eesasj.org

408-376-0173 Fax: 408-515-7385

Serves refugees from Eastern Europe, mainly former Yugoslavia. Provides social adjustment and other services for youth, services and families in linguistically and culturally appropriate manner. Services include 24-hour emergency support services such as translation and transportation; information and referral phone line; interpreters and translation of documents; comprehensive health and community referrals. Provides assistance in finding

housing and help in finding and securing gainful employment. Provides prenatal childbirth and postpartum care support; direct Mental Health services in four languages. ESL classes, citizenship classes, and self-help groups are available. Provides advocacy within legal, educational, and social services systems.

PRIVATE CASE MANAGEMENT SERVICES PLAN OF CALIFORNIA

Pay as you go services, sponsored by NAMI California. Services to residents of San Mateo County and Santa Clara County-- 24-hour crisis intervention as well as scheduled daily, weekly, or bi-weekly care, and outings. For further information, Call NAMI San Mateo County at 650-638-0800.

PALO ALTO PSYCHOLOGICAL SERVICES

Coordinated by Irene Keenan. Case management services on a sliding fee scale. Money management and crisis intervention as well as scheduled care. Private conservatorship also arranged.

Phone: 650-566-0162; Fax: 650-566-0163.

Momentum for Mental Health

Private case management provided by an agency that also has a contract to provide county mental health services. Phone: 408-261-7777.

Stanford Weekly Therapy Group--Dr Jennifer Culver runs a weekly therapy group (not a support group) at Stanford. This therapy group is for bipolar consumers ONLY. It is a 12 week session and there are three 12 week modules that she offers. Clients have an intake interview with her. The group is an instructional class that uses DBT (Dialectical Behavior Therapy - a type of Cognitive Behavior Therapy). It does have a fee. Insurance is accepted and people may have co-pay. The class has been offered for over a year and has been very well received.
